

DATE: .... / .... / 20....	Clinic Address
TA	Cevizli Mah. Zuhâl Cad. No: 46C, Ritim İstanbul A3 Block, Apartment 136, Maltepe / İstanbul

This form has been prepared to inform you, in line with your diagnosis of Hidradenitis Suppurativa, about the course of your disease, the planned surgical treatment and the postoperative period. Please read the information below carefully.

## HIDRADENITIS SUPPURATIVA PRE-SURGERY PATIENT INFORMATION FORM

Dear Patient,

### 1. General Information About the Disease

Hidradenitis Suppurativa is a chronic, recurrent skin disease that may show progressive features. The disease usually involves painful nodules, abscesses and fistula/sinus tract formation in areas such as the armpits, groin, buttocks and under the breasts. If left untreated, lesions may progress and spread to wider areas.

### 2. About Surgical Treatment

The planned surgical procedure aims to remove the existing diseased tissues and clean the infected area. Surgical treatment can be effective in controlling current lesions; however, it does not guarantee that the disease will be completely eliminated.

### 3. Postoperative Process and Possible Situations

- In the early postoperative period, wound opening/dehiscence may occur in the surgical area. This is a situation that may be encountered due to the nature of hidradenitis disease.
- Opened wounds often close over time through secondary healing with dressings and appropriate wound care.
- The healing time may vary from person to person and may take a long time. Regular dressings and physician follow-up are very important during this period.
- In the postoperative period, new lesions may appear in the same area or in different areas.

### 4. Risk of Disease Recurrence

Since Hidradenitis Suppurativa is a chronic and recurrent disease, there is a risk that the disease may not completely disappear and may recur despite surgical intervention. However, with early intervention and regular follow-up, progression of lesions can be controlled.

**To support healing and reduce the risk of progression, the patient is expected to:**

- Follow the recommended dressing and care instructions after surgery; this period may continue for 3-6 months.
- Attend follow-up appointments regularly.
- Apply without delay if new swelling, drainage or pain occurs.
- Pay attention to factors that may affect the course of the disease, such as smoking, weight control and hygiene.
- Follow the surgeon's nutrition-related recommendations.
- It should be understood that if smoking continues, nutritional recommendations are not followed or weight control is not achieved, new lesions may develop or existing lesions may progress. In such cases, the patient accepts that the treatment process should be followed with the same care and compliance.

## 5. Our Treatment Approach

Our clinic's approach is to bring the disease under control, treat existing lesions and prevent newly developing lesions from progressing by intervening at an early stage. The aim is to prevent the disease from reaching more advanced stages, especially Stage 3, and to preserve your quality of life.

## 6. Patient Responsibilities

- In wounds that are left open after wide surgery and expected to heal with dressings, minimal bleeding may occur over time. The patient should not panic; when necessary, the nearest healthcare institution should be contacted and bleeding should be controlled. During this process, the surgeon's recommendations should be followed.
- After surgery, deformities and scar tissue may remain in the operated areas depending on the width of the removed tissue and the patient's skin quality.

## 7. Conclusion and Consent

I have been provided with detailed verbal and written information about my disease, the planned surgical procedure and the postoperative period. Possible complications, the healing process and the possibility of disease recurrence have been clearly explained to me. I declare that I understand and accept all this information.

Patient Full Name:	Physician Full Name:
ID / Passport No:	
Signature:	Signature:
Date:	Date: